

ABSTRAK

KECEMASAN DALAM MENGHADAPI PENILAIAN, KEPERCAYAAN DIRI DI SEKOLAH, DAN PERILAKU PROSOSIAL SISWA DITINJAU DARI KEIKUTSERTAAN SISWA DALAM PROGRAM BIMBINGAN BELAJAR

Studi Komparatif pada Siswa SMA Negeri 1 Bantul Tahun Ajaran 2017/2018

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Penelitian ini bertujuan untuk mengetahui apakah terdapat perbedaan kecemasan dalam menghadapi penilaian, kepercayaan diri di sekolah, dan perilaku prososial siswa SMA Negeri 1 Bantul antara siswa yang mengikuti dan yang tidak mengikuti program bimbingan belajar,

Penelitian ini menggunakan metode penelitian kuantitatif dengan jenis penelitian komparatif. Penelitian dilaksanakan pada bulan Februari sampai Maret 2018. Populasi penelitian ini adalah seluruh siswa SMA Negeri 1 Bantul dengan jumlah 944 siswa. Sampel penelitian sebanyak 327 siswa diambil dengan teknik *purposive sampling*. Data dikumpulkan dengan menggunakan kuesioner dan dianalisis dengan: uji t dan uji *Mann Whitney*.

Hasil penelitian menunjukkan bahwa: (1) tidak ada perbedaan kecemasan dalam menghadapi penilaian ditinjau dari keikutsertaan siswa dalam program bimbingan belajar (*Sig. (2-tailed) = 0,846*); (2) tidak ada perbedaan kepercayaan diri di sekolah ditinjau dari keikutsertaan siswa dalam program bimbingan belajar (*Sig. (2-tailed) = 0,221*); (3) ada perbedaan perilaku prososial siswa ditinjau dari keikutsertaan siswa dalam program bimbingan belajar (*Sig. (2-tailed) = 0,017*).

Kata kunci : kecemasan, penilaian, kepercayaan diri, perilaku prososial, bimbingan belajar

ABSTRACT

ANXIETY IN CONFRONTING ASSESSMENT, SELF CONFIDENCE IN SCHOOL AND PROSOCIAL STUDENT BEHAVIOR PERCEIVED FROM STUDENT PARTICIPATION IN LEARNING GUIDANCE COURSE PROGRAM

A Comparative Study in SMA Negeri 1 Bantul, 2017/ 2018 Academic Year

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This research aims to find out the difference of anxiety in confronting assessment, self confidence in school, and prosocial student behavior of SMA Negeri 1 Bantul, who joined and did not join course program.

Quantitative method with type of comparative study was applied in this research. The research was conducted in two months from February to March 2018. The population of this research were 944 students of SMA Negeri 1 Bantul. The samples of this research were 327 students who were selected by applying purposive sampling method. The data collection technique was questionnaires and the data were analyzed by using: t-test and Mann Whitney test.

The result of this research shows that: (1) there is no difference of anxiety in confronting assessment perceived from the participation of students in the learning guidance course program (*Sig. (2-tailed) = 0,846*); (2) there is no difference of self-confidence in school perceived from the participation of students in the learning guidance course program (*Sig. (2-tailed) = 0,221*); (3) there is a difference of students prosocial behavior perceived from the participation of students in the learning guidance course program (*Sig. (2-tailed) = 0,017*).

Keywords: anxiety, assessment, self confidence, prosocial behaviour, learning guidance course program

